

Glaucoma Can Steal Vision Without Warning

The Glaucoma Research Foundation (GRF) defines glaucoma as a group of eye diseases that gradually steals sight without warning and many times without symptoms. Injury or damage to the optic nerve is what causes vision loss with this disease.

The two main types of glaucoma are open angle, of which there are virtually no symptoms or no real warning signs to let you know it's coming; and angle closure, which makes the eye pressure rise very quickly.

Anyone may get glaucoma, but the risks are higher for some individuals. The GRF reports those at higher risk include African-Americans, Asian-Americans and persons over 60 years of age.

Medical experts recommend those at higher risk have a complete eye exam with eye dilation every one to two years.



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